

# Kinesiology and Sports Taping

## Leisure and Professional

This is a 1 day certificated CPD workshop to introduce individuals to strapping and taping techniques. This course is aimed at sports massage therapists, fitness instructors or individuals with A&P knowledge who want to learn taping techniques to provide support and enhance sports performance.

Course costs - £25



Scan the QR Code for full course description, assessment and progression options from this course

### ENTRY REQUIREMENTS

Knowledge of anatomy and physiology specifically muscles, bones and joints



### LOCATION & NEXT START DATE(S)

Cornwall College St Austell - 6 March 2026  
Cornwall College St Austell - 13 March 2026  
Cornwall College St Austell - 24 April 2026



**LEVEL**  
Level 3

**DURATION**  
1 day - 6 hours

**ATTENDANCE**  
Part-time

**FEES**  
Tuition Fees: £25.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



**Find out more and  
apply online**



# Kinesiology and Sports Taping



## Leisure and Professional

### Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



**Find out more and  
apply online**

