

First Diploma in Sport

16-19

Adult

The Level 2 Sports Diploma at Cornwall College Camborne provides a broad and engaging introduction to the sports industry, allowing learners to develop their practical skills, theoretical knowledge, and confidence across a wide range of sporting contexts. Whether your main interest is Rugby, Football, Netball, or another sport of your choice, the course supports your progression into further study or employment within sport, fitness, and coaching.

You will explore how the body works during exercise, how athletes think and behave in performance environments, and what it takes to become an effective sports performer. Through both classroom learning and practical sessions, you will develop the essential skills required for success in sport.

The Level 2 Sports Diploma combines theory, practical performance, and vocational experience to help you build the foundations for a future in sport. Through engaging lessons, coaching-based activities, fitness training, and real-world placements, you will develop the knowledge and skills needed to move confidently into Level 3 study, apprenticeships, or employment in the sports and leisure industry.



Scan the QR Code for full course description, assessment and progression options from this course

ENTRY REQUIREMENTS

Entry requirements for external applicants and school leavers

2-4 GCSEs at grades 2-3 or above including:

English at grade 3

Maths 2

- A genuine interest in sport, physical activity, coaching, or fitness.
- Willingness to take part in practical sports sessions across a range of activities.
- Good attitude to teamwork, communication, and completing coursework.
- Commitment to improving both practical and academic skills.



Find out more and
apply online



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LOCATION & NEXT START DATE(S)

Cornwall College Camborne - 7 September 2026



LEVEL Level 2	DURATION 1 year
ATTENDANCE Full-time	FEES Tuition Fees: £0.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



Find out more and
apply online

